



## Country Guides: Product Status

### Coming Soon

- |                 |                 |
|-----------------|-----------------|
| 10. Guatemala   | 19. Burma       |
| 11. El Salvador | 20. Haiti       |
| 12. Nicaragua   | 21. South Korea |
| 13. Brazil      | 22. Russia      |
| 14. Peru        |                 |
| 15. Indonesia   |                 |
| 16. Columbia    |                 |
| 17. Cuba        |                 |
| 18. China       |                 |



The next three slides provide examples of the type of information available in the guides.

This information is critical to better understand your foreign-born clients and hopefully will result in successful treatment outcomes.

### Common Misperceptions: Etiology of Tuberculosis

#### Mexico, India, Vietnam, Philippines

- Smoking
- Drinking alcohol
- Not eating nutritious foods/malnutrition
- Physical exertion or hard work
- Disruptions in the body's hot/cold balance (causes vary)

#### India, Vietnam, Philippines

- Excessive stress/worry/anxiety
- Genetic inheritance/passed through generations of families
- Poor sanitation or hygiene/dirty housing

#### Mexico, Philippines

- A cough (due to a cold or bronchitis) that was not treated and developed into a serious disease

**Note:** While TB is associated with malnutrition, poverty/overcrowded living conditions, individuals view these factors as the direct cause (or etiological agent) of TB disease.

Mexico	India	Vietnam	The Philippines
<ul style="list-style-type: none"> <li>• Inhaling ashes, dust or smoke</li> <li>• Bewitchment</li> </ul>	<ul style="list-style-type: none"> <li>• Sexual promiscuity</li> <li>• Fate or karma</li> <li>• God's curse</li> <li>• An evil soul or evil spirit</li> </ul>	<ul style="list-style-type: none"> <li>• Polluted / dusty environments</li> <li>• Supernatural causes</li> <li>• Contaminated water</li> <li>• Lack of sleep/fatigue</li> <li>• God's Decision</li> </ul>	<ul style="list-style-type: none"> <li>• Frequent pregnancies</li> </ul>

### Common Misperceptions: Transmission of Tuberculosis

#### Mexico, India, Vietnam, Philippines

- Sharing items with a TB patient.

**Examples:** Eating utensils, blankets, bed sheets, towels or drinking from the same bottle or glass.

Mexico	India	Vietnam	The Philippines
<ul style="list-style-type: none"> <li>• Shaking hands with a TB patient.</li> <li>• Sexual relations with an infected person.</li> </ul>	<ul style="list-style-type: none"> <li>• Social contact</li> <li>• Heredity</li> </ul>	<ul style="list-style-type: none"> <li>• Spitting</li> <li>• From mother to child during pregnancy</li> <li>• Bad genes</li> </ul>	<ul style="list-style-type: none"> <li>• Touching a person with TB</li> <li>• Sexual Intercourse</li> <li>• Blood Transfusion</li> <li>• Drinking Water</li> <li>• Children cannot have TB, the illness only affects adults.</li> </ul>

## Misperceptions: Diagnostic Testing

Mexico	India	Vietnam	The Philippines
<ul style="list-style-type: none"> <li>Routine blood draws can drain a person of energy.</li> </ul>	<p><i>No misperceptions related to diagnostic testing found in the literature.</i></p>	<ul style="list-style-type: none"> <li>X-rays kill blood cells and causes a patient to become tired or turns the skin yellow.</li> <li>The body has a finite amount of blood, and the withdrawal of blood causes an irreversible decrease in the body's supply.</li> </ul>	<ul style="list-style-type: none"> <li>X-rays will cause a person to become sterile or develop cancer.</li> <li>The results of an x-ray can be affected by a person's diet.</li> </ul> <p><b>Examples:</b></p> <ul style="list-style-type: none"> <li>Drinking a cup of milk will result in a "negative" chest x-ray</li> <li>Drinking vinegar will cause an x-ray to be blurry.</li> </ul>

Individual copies of the introduction and each of the nine country guides, in PDF format, can be downloaded from the SNTC website at no cost, after providing your name, email address, work location, and professional discipline.

To download the guides, visit the SNTC website at <http://sntc.medicine.ufl.edu/Products.aspx>.